

1. Health talk on basic hygiene practices among adolescent school girls organized at Upper Primary School, Kilavani on 18th January, 2022 by Dr Preeti Solanki (Assistant Professor) and Dr Atika Rohit (LMO), Dept of Community Medicine.



2. The UT Administration of DNH organised a “Cleanliness drive” in Masat panchayat area on 13th February 2022 to create awareness about cleanliness and hygiene. All the faculties from Department of Community Medicine were posted in different padas as team leaders for better implementation of the drive. It was planned with local panchayat members in the residential areas, hotels, industries, restaurants, local shops, public toilets etc.



3. Health talk on adolescent health among adolescent school girls organized by **Senior secondary school, Galonda & Department of Community Medicine, NAMO Medical Education and Research Institute, Silvassa** on **8th March 2022** by **Dr Preeti Solanki (Assistant Professor)**.



4. Awareness talk about harmful effects of tobacco products by undergraduate medical students using various approaches of Health education at **Secondary and higher secondary school, Galonda** was conducted on the observation of **No Smoking Day 2022** on **24th March 2022**.



5. Health awareness rally by third year MBBS students on malaria prevention at RHTC Kilvani and UHTC Rakholi for the observation of World Malaria Day 2022 on 25th April 2022 under the guidance of Dr Preeti Solanki (Assistant Professor) and Dr Paras Mehta (Assistant Professor), Department of Community Medicine respectively.



6. CME on “Animal bite management” of MO and staff nurses of DNH on 28th April 2022 in Demonstration room, Nursing college building, Silvassa by Dr Bhavesh Bariya, Assistant Professor.



7. Health awareness talk on menstrual health & hygiene at **Subcenter, Galonda** under **RHTC Kilvani** on **28th May, 2022** for the observation of **Menstrual Hygiene Day, 2022** by **Dr Preeti Solanki (Assistant Professor), Dr Atika Rohit (LMO), Department of Community Medicine**



8. Workshop on Food safety & Principles of Cooking on 4th June, 2022 on the occasion of World Food Safety Day at CHC, Moti Daman by Dr Mitali Patel (Associate Professor), Dr Preeti Solanki (Assistant Professor), Ms Saroj Rathore (Dietician, VBCH) and Ms Tasneem (Dietician, CHC Moti Daman) .



9. Observation of **World Breastfeeding Week 2022** was carried out between **01-08-2022 to 06-08-2022**. Following activities were carried out in NAMO Medical Education & Research Institute as well as in the community.

- Poster Competition among undergraduate medical students on 01/08/2022 in

Demonstration room, Department of Community Medicine under the guidance of Dr Mitali Patel (Associate Professor), Dr Preeti Solanki (Assistant Professor), Dr Paras Mehta (Assistant Professor), Dr Bhavesh Bariya (Assistant Professor).



- Health talk on importance of breastfeeding and nutrition of pregnant women and lactating mothers at UHTC Rakholi on 2nd August, 2022 and at RHTC Kelavani on 4th August, 2022.
- Lecture on Infant and Young Child Feeding (IYCF) Practices for 1st year MBBS students by Dr Mitali Patel (Associate Professor) on 5th August, 2022.

10. Workshop on Nutrition and Maternal, Child and Adolescent health in Government Engineering College, Varkund, Daman on 5th November 2022 by Dr Darshan Mahyavanshi, Head of Department, Community Medicine.

